

Name: \_\_\_\_\_ Date: \_\_\_\_\_ Acct# \_\_\_\_\_

**CONTACT LENS UPDATE**

**\*\*THIS SECTION MUST BE COMPLETED \*\***

**WHAT LENSES DO YOU WEAR?**

Brand \_\_\_\_\_ Power \_\_\_\_\_

Base Curve \_\_\_\_\_ Diameter \_\_\_\_\_

**COMFORT**

Do your eyes get red? \_\_\_\_\_  
Do they burn? \_\_\_\_\_  
Do you remove your lenses immediately when your eyes are irritated? \_\_\_\_\_  
Do your contacts tear often? \_\_\_\_\_

**WEARING HABITS**

How often do you replace your soft contact lenses?  
daily \_\_\_\_\_ 1-2 week \_\_\_\_\_ monthly \_\_\_\_\_ annually \_\_\_\_\_ other \_\_\_\_\_  
How often are you supposed to replace your soft contact lenses?  
daily \_\_\_\_\_ 1-2 week \_\_\_\_\_ monthly \_\_\_\_\_ annually \_\_\_\_\_ other \_\_\_\_\_  
How many hours a day do you wear your contact lenses? \_\_\_\_\_  
Time put in \_\_\_\_\_ Time taken out \_\_\_\_\_  
Do you sleep in your contact lenses? \_\_\_\_\_  
Do you have glasses with your current Rx? \_\_\_\_\_  
Do you wear your glasses before bed? \_\_\_\_\_ How many hours? \_\_\_\_\_  
Do you wear protective eyewear when needed over your contact lenses? \_\_\_\_\_  
Do you swim or Jacuzzi with the contact lenses in? \_\_\_\_\_

**DRYNESS**

Do you take thyroid meds	_____	How much do you drink?	
Birth control pills	_____	Cola	_____
Heart pills	_____	Tea	_____
Antihistamines	_____	Coffee	_____
		Water	_____

How much time do you spend  
Reading? \_\_\_\_\_  
Computer? \_\_\_\_\_  
Do you wear sunglasses for protection? \_\_\_\_\_

**SOLUTIONS**

What solution do you use? \_\_\_\_\_  
Do you rub soft contact lenses to clean? \_\_\_\_\_ Everyday? \_\_\_\_\_  
Do your contact lenses burn and cause redness when inserted? \_\_\_\_\_  
Do you top off solution in case? \_\_\_\_\_  
Do you completely change solution in your case daily? \_\_\_\_\_  
Do you buy new solution every 60 days? \_\_\_\_\_  
Do you mix brands of solution? \_\_\_\_\_

**FEMALES**

Do you share eye makeup? \_\_\_\_\_  
Do you replace eye makeup every 3 mos.? \_\_\_\_\_

**CASES**

How often do you replace your cases, every 60 days? \_\_\_\_\_  
Do you clean/air dry your case daily? \_\_\_\_\_